For More Information:

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Distributed by: **General Nutrition Corporation** Pittsburgh, PA 15222 USA



GNC

NIGHTTIME BLEND

## ZINC MAGNESIUM

Restful Sleep & Anabolic Support\*

DIETARY SUPPLEMENT 60 TABLETS

CODE 988313

DIRECTIONS: As a dietary supplement, take one tablet daily at bedtime.

## Supplement Facts

Amount Per Serving	% Daily Value	
Vitamin B-6 (as Pyridoxine Hydrochloride)	15 mg	750%
Magnesium (as Magnesium Aspartate 450 mg)	90 mg	23%
Zinc (as Zinc Citrate)	30 mg	200%
Nighttime Blend	351 mg	*
L-Theanine	100 mg	^
L-Tyrosine	100 mg	^
L-Tryptophan	100 mg	^
GABA (gamma-Aminobutyric Acid)	50 mg	^
Melatonin	1 mg	,

OTHER INGREDIENTS: Cellulose, Povidone, Stearic Acid Vegetable Source, Silicon Dioxide, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Carmine Color, Red Cabbage Juice Powder, Natural Vanilla Mint Flavor,

\* Daily Value not established.



Vegetable Acetoglycerides, Stevia Leaf Extract, WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when



driving a vehicle, or while operating machinery. \* This statement has not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.