12 _G Collagen	1 Simple	Paleo
Peptides	Ingredient	Friendly
Healthy	Mix in Hot or	NF Neutral
Skin**	Cold Liquids	Flavor
Healthy Joints & Bones**	Non GMO	Hair & Nail



#stayvital

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

VITAL PROTEINS®



For illustrative purposes only.

Notice: Use this product as a food supplement only. Do not use for weight reduction.

126 Collagen per Serving

Skin, Hair, Nail + Joint Support**

Wild Caught + Non GMO

Unflavored

Dietary Supplement

NET WT 7.8 OZ (221 g)

Supplement Facts Serving Size 2 Scoops (12 g) Servings Per Container About 18

	Amount Per Serving	% Daily Value
Calories	45	
Protein	11 g	0%*
Collagen peptides (from whitefish)	12 g	**

**Daily Value not established Contains: Cod (fish)

Manufactured by:

Vital Proteins LLĆ 3400 Wolf Road Ste. 200 Franklin Park, IL 60131

This product is manufactured in a facility that processes milk, fish, and tree nuts.

Directions: Combine 1-2 scoops with 8

If you are pregnant, nursing or have a medical condition, consult your physician before use.

Storage Information: Store in a cool. dry place

Do not use if safety seal is broken or missing.

TYPICAL AMINO **ACID PROFILE**

serving naturally occurring)

Alanine	1,139 mg
Arginine	917 mg
Aspartic Acid	610 mg
Cystine	4 mg
Glutamic Acid	1,270 mg
Glycine	2,718 mg
Histidine ^{††}	86 mg
Hydroxyproline	1,560 mg
Isoleucine ^{††}	138 mg
Leucine ^{††}	272 mg
Lysine ^{††}	396 mg
Methionine ^{††}	116 mg
Phenylalanine ^{††}	197 mg
Proline	961 mg
Serine	322 mg

Threonine^{††}

302 mg

Tryptophan^{††} 0 ma

Tyrosine 35 ma Valine^{††} 252 ma

††Essential Amino Acids Contains 8 of 9 Essential Amino Acids

WHOLE30







(Average milligrams per