



5 IN 1 PRODUCTS PACK



GNC AMP Men's Extreme Training Vitapak® Program delivers the power of five science-based formulas to help you maximize your physical and mental intensity and get the most from your workout.\*

GET THE NUTRITIONAL SUPPORT ACTIVE MEN NEED

Clinically Studied Men's Multivitamin Blend Shown to Work Better Than a Basic Multivitamin\*

TRAIN HARDER\*\*

Clinically Studied Formula Improves Performance & Increases Endurance\*\*

ENHANCE CIRCULATION & BLOOD FLOW\*

L-Arginine & Clinically Studied resVida® Resveratrol for Nitric Oxide Production, Circulation & Blood Flow\*

STAY SHARP\*

Ginkgo biloba Supports Mental Sharpness\*

PROTECT YOUR MUSCLES\*

Clinically Researched Antioxidants to Defend Against Damaging Free Radicals Caused by Intense Workouts\*

If it's on our packages, then it's in our boxes. Clinically studied ingredients backed by real science. Get vitamins. Train harder. Get extreme.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ADVANCED MUSCLE PERFORMANCE

MEN'S EXTREME TRAINING

VITAPAK® PROGRAM WITH PERFORMANCE + ENDURANCE SUPPORT\*

Includes Clinically Studied Multivitamin Blend\* Improves Performance & Increases Endurance\*\* Enhances Circulation & Blood Flow\*



30 PACKS 30-DAY SUPPLY

DIETARY SUPPLEMENT

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CODE 213512

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.

Mega Men® Sport Multivitamin

Supplement Facts

Table with 3 columns: Amount Per Serving, % Daily Value, and Ingredient Name. Includes vitamins A, C, D, E, K, B-1 through B-12, and various minerals and antioxidants.

Table with 3 columns: Amount Per Serving, % Daily Value, and Ingredient Name. Lists other ingredients like Zeaxanthin, Astaxanthin, Vanadium, and beta-Cryptoxanthin.

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid Vegetable Source, Cellulose, Hydroxypropylcellulose, Hydroxypropyl Methylcellulose, Dicalcium Phosphate, Calcium Silicate, Maltodextrin, Magnesium Stearate Vegetable Source, Modified Food Starch, Mannitol, Gelatin (Porcine, Fish), Sugar, Corn Starch, Sodium Ascorbate, dl-alpha Tocopherol, Methylcellulose, Glucose Syrup, Gum Arabic, Stevia Leaf Extract, Natural Vanilla Mint Flavor, Vegetable Oil, BHA/BHT (Preservative), Tricalcium Phosphate, Polyvinyl Pyrrolidone, Mixed Tocopherols, Ascorbyl Palmitate, Caramel Color, Medium Chain Triglycerides, Paprika Extract, Polyethylene Glycol, Polyglycerol Fatty Acid Esters, Polysorbate, Sodium Aluminum Silicate, Sodium Carboxymethylcellulose, Starch, Talc, Titanium Dioxide (Mineral Whitener).

CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Whiting, Pollock, Smelt, Salmon, Tuna, Cod or a Combination Thereof). Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient. \*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a basic multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

\*A double-blind, placebo-controlled, crossover study of 29 physically fit and healthy young adult male subjects averaging about 4 hours of exercise a week cycling to exhaustion at 80% VO2 shows that these individuals were able to increase performance measured by time to exhaustion nearly 5 minutes longer than when taking placebo.



WARNING: Cancer and Reproductive Harm — www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Biotin may cause a temporary flushing reaction. No Artificial Flavors, Gluten Free.



IVG

Explosive Energy Metabolizer

Supplement Facts

Table with 3 columns: Amount Per Serving, % Daily Value, and Ingredient Name. Lists ingredients like Zeaxanthin, Vitamin C, Niacin, Vitamin B-6, Pantothenic Acid, Ginger, Yerba Mate, Guarana, Black Tea, Schisandra, L-Carnitine, Dill, and Grape Seed Extract.

OTHER INGREDIENTS: Microcrystalline Cellulose, Crospovidone, Hydroxypropylcellulose, Dicalcium Phosphate, Croscarmellose Sodium, Maltodextrin, Hydroxypropyl Methylcellulose, Stearic Acid, Silicon Dioxide, Polydextrose, Titanium Dioxide (Mineral Whitener), Riboflavin (Color), Magnesium Stearate Vegetable Source, Sugar, Talc, Medium Chain Triglycerides, Vegetable Acetoglycerides, Carnauba Wax, Polyethylene Glycol, Natural Vanilla Mint Flavor, Gum Arabic, Polysorbate 80, Sucralose, Carmine (Color), Tricalcium Phosphate, Sodium Starch Glycolate.

CONTAINS: Soy. Total Caffeine = 202 mg per serving.

Mental Sharpness

Supplement Facts

Table with 3 columns: Amount Per Serving, % Daily Value, and Ingredient Name. Lists ingredients like Zeaxanthin, Calcium, Ginkgo biloba Leaf Extract, and Terpenes.

OTHER INGREDIENTS: Dicalcium Phosphate, Hydroxypropyl Methylcellulose Capsule, Microcrystalline Cellulose, Stearic Acid Vegetable Source, Hydroxypropylcellulose, Magnesium Stearate Vegetable Source.

AOX Defense

Supplement Facts

Table with 3 columns: Amount Per Serving, % Daily Value, and Ingredient Name. Lists ingredients like Zeaxanthin, Sicilian Blood Orange, and Fruit & Peel Extract.

OTHER INGREDIENTS: Microcrystalline Cellulose, Gelatin, Maltodextrin, Calcium Silicate, Magnesium Stearate Vegetable Source, Silicon Dioxide, Sodium Lauryl Sulfate.

N.O. Charger & Circulatory Pump

Supplement Facts

Table with 3 columns: Amount Per Serving, % Daily Value, and Ingredient Name. Lists ingredients like Zeaxanthin, Calcium, L-Arginine, and trans-Resveratrol.

OTHER INGREDIENTS: Microcrystalline Cellulose, Dicalcium Phosphate, Hydroxypropylcellulose, Stearic Acid, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Crospovidone, Magnesium Stearate Vegetable Source, Silicon Dioxide, Titanium Dioxide (Mineral Whitener), Sunflower Lecithin, Sugar, Triethyl Citrate, Ethylcellulose, Natural Vanilla Mint Flavor, Gum Arabic, Maltodextrin, Sucralose, Riboflavin, Triacetin, Tricalcium Phosphate, Oleic Acid, Polyethylene Glycol.

OUR QUALITY COMMITMENT TO YOU Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.