

CODE 053424

CUG

Vitamin B-12 is essential for metabolism, energy production and red blood cells.* B-12 and folate play an essential role in the maintenance of normal homocysteine levels important for cardiovascular health.*

DIRECTIONS: As a dietary supplement, place one lozenge under the tongue and let it dissolve completely before swallowing.

Supplement Facts

Serving Size One Lozenge

Amount Per Serving	% Daily Value	
Calories	0	
Total Carbohydrate	0 g	0%†
Total Sugars	0 g	*
Includes 0 g Added Sugars	0%†	
Sugar Alcohols	0 g	*
Folate	667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B-12 (as Cyanocobalamin)	1000 mcg	41667%

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Sorbitol[^], Dicalcium Phosphate, Mannitol[^], Magnesium Stearate Vegetable Source, Vegetable Stearate, Natural and Artificial Cherry Flavor, Sucralose.

[^]Provides a negligible amount of Sugar Alcohols.

Conforms to USP <2091> for weight.

No Sugar, No Artificial Colors, No Preservatives, Sodium Free, No Wheat, Gluten Free, No Dairy.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222 USA

ACTUAL
SIZE



GLUTEN
FREE

GNC

Vitamin B-12

LOZENGES

Essential for carbohydrate metabolism & energy production*

Required for red blood cell formation*

Sugar free



CHERRY
NATURAL & ARTIFICIAL FLAVOR



DIETARY SUPPLEMENT
60 VEGETARIAN LOZENGES
60-DAY SUPPLY

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.