Built By Science. Driven By Obsession. Elevated Through Innovation.

If it's on our labels, then it's in our bottles. Beyond Raw® Macros delivers a blend of proteins from animal and plant sources plus fruits, veggies, grains and dietary fats. What's more, Macros doesn't contain soy, dairy or whey protein ingredients, and it's lactose free. Real nutrition that's customizable to fit your macros.

Proven Ingredients.
Proven Doses. Clinical
Quality. Real Science.
Real Results.



KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information: 1-888-462-2548

886-402-2548 EYONDRAW.CON

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA BEYOND RAW®

MACROS

WHOLE FOODS BASED MEAL SUPPLEMENT

CHOCOLATE CHIP MUFFIN

NATURAL & ARTIFICIAL FLAVOR

DIETARY SUPPLEMENT

40g

LEAN PROTEIN‡

30g

COMPLEX CARBS[‡]

5g

DIETARY FATS‡

2g

SUGARS*

[‡]Per 2 scoops

24 SERVINGS

NET WT 4.44 LB (71.11 OZ) 2016 G

ODE 369792 FTC

DIRECTIONS: As a dietary supplement, mix two rounded scoops (84 g) into 12 fl. oz. of water for a full serving, or one rounded scoop (42 g) into 6 fl. oz. of water for a ½ serving. Customize your serving size as needed to fit your macros.

ustomize your serving size as needed	to fit your m	acros.			
Supplem	en	t 1	Fac	ts	An
	Scoop (42 g)		2 Scoops (84 g)	-	Iro
Serving Size Servings Per Container	48		2 3coops (64 g) 24		Ph (
Amount Per Serving	% [Daily Value	% Dai	y Value	loc
Calories	160		330		Ma
Total Fat	2.5 g	3%†	5 g	6%†	Zir
Saturated Fat	1.5 g	8%†	3 g	15%†	Co
Trans Fat	0 g		0 g		Ma
Cholesterol	10 mg	3%†	20 mg	7%†	Mo
Total Carbohydrate	15 g	5%†	30 g	11%†	Sc
Dietary Fiber	2 g	7%†	4 g	14%†	Po
Total Sugars	1 g	*	2 g	*	Co
Includes 0 g Added Sugars		0%†	-	0%†	-
Protein	20 g	40%†	40 g	80%†	
/itamin A (as Vitamin A Palmitate) 11	2.5 mcg RAE	12.5%	225 mcg RAE	25%	-
/itamin C (as Ascorbic Acid)	11.25 mg	12.5%	22.5 mg	25%	1
/itamin D (as Cholecalciferol D-3) 2.5	mcg (100 I U)	12.5%	5 mcg (200 IU)	25%	
/itamin E (as d-alpha Tocopheryl Acetate)	1.875 mg	12.5%	3.75 mg	25%	_
/itamin K (as Phytonadione)	15 mcg	12.5%	30 mcg	25%	-
Thiamin (as Thiamin Mononitrate)	0.15 mg	12.5%	0.3 mg	25%	
Riboflavin	0.1625 mg	12.5%	0.325 mg	25%	Pr
Niacin (as Niacinamide)	2 mg	12.5%	4 mg	25%	_
/itamin B-6 (as Pyridoxine Hydrochloride)	0.2125 mg	12.5%	0.425 mg	25%	
Folate	50 mcg DFE (29.44 mcg Folic Acid)		100 mcg DFE (59.88 mcg Folic Acid)	25%	_
/itamin B-12 (as Cyanocobalamin)	0.3 mcg		0.6 mcg	25%	_
Biotin	3.75 mcg		7.5 mcg	25%	Di
Pantothenic Acid (as d-Calcium Pantothena	ate) 0.625 mg	12.5%	1.25 mg	25%	_(
Choline (as Choline Bitartrate)	13.75 mg		27.5 mg	5%	†
Calcium (as Tricalcium Phosphate & Tricalcium Cit	162.5 mg rate)	12.5%	325 mg	25%	* [

Amount Per Serving	% Daily Value		% Daily Valu	
Iron (as Ferric Sulfate)	2.25 mg	12.5%	4.5 mg	25%
Phosphorus (as Tricalcium & Dipotassium Phosphate)	156.25 mg	12.5%	312.5 mg	25%
Iodine (as Potassium Iodide)	18.75 mcg	12.5%	37.5 mcg	259
Magnesium (as Magnesium Oxide)	52.5 mg	12.5%	105 mg	259
Zinc (as Zinc Oxide)	1.375 mg	12.5%	2.75 mg	259
Copper (as Copper Gluconate)	0.1125 mg	12.5%	0.225 mg	259
Manganese (as Manganese Sulfate)	0.2875 mg	12.5%	0.575 mg	259
Molybdenum (as Sodium Molybdate)	5.625 mcg	12.5%	11.25 mcg	259
Sodium	235 mg	10%	470 mg	209
Potassium (as Dipotassium Phosphate)	235 mg	5%	470 mg	109
Complex Carb Blend	15 g	*	30 g	
Grains & Legumes (Oat Flour, Pea Starch, Quinoa Powder	8.5 g	*	17 g	
Other Carbs (Protein Blend, Fat Blend, F	lavors) 4.25 g	*	8.5 g	
Veggie Blend (Sweet Potato Powder, Amaranth Powd Broccoli Powder, Kale Powder)	1.25 g der,	*	2.5 g	
Fruit Blend (Banana Powder, Wild Blueberry Powd Raspberry Powder, Acerola Fruit Juice		*	2 g	
Protein Blend	20 g	*	40 g	
Animal Proteins (Beef Protein Isolate, Chicken Protein Is Egg Albumin)	15 g solate,	*	30 g	
Plant Proteins (Pea Protein, Brown Rice Protein, Chickpea Protein, Quinoa Powder)	5 g	*	10 g	
Dietary Fats Blend (Flaxseed Powder, MCT Oil, Other Fats)	2.5 g	*	5 g	

OTHER INGREDIENTS: Natural & Artificial Flavors, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Acesulfame Potassium, Sucralose. CONTAINS: Eggs and Tree Nuts (Coconut).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling may occur. Use this product as a food supplement only. Do not use for weight reduction.

Gluten Free, Does Not Contain Soy Ingredients, Does Not Contain Dairy or Whey Protein Ingredients.